

# FEBRUARY 2020 - Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2>Grades 6-8 Lunch (NNC)</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
<p>2-3</p> <p>WG Cheese Pizza Wedge - <b>V</b>                      Yogurt Parfait Wholesome Granola - <b>V</b>                      Toasted Cheese Sandwich - <b>V</b>                      Petite Baby Carrots - <b>S</b>                      Sweet Corn                      Fruit - <b>S</b></p>	<p>2-4</p> <p>Café LA Burger                      Chicken Caesar Salad                      Artisan Roll                      Deli Turkey &amp; Cheese Sandwich                      Fresh Garden Salad                      Ruffle Fries                      Frozen Fruit Cup</p>	<p>2-5</p> <p>Chicken &amp; Cheese Sliders                      Chinese Chicken Salad                      Aloha Roll                      Pastrami &amp; Cheese Croissant                      Petite Baby Carrots - <b>S</b>                      Campfire Baked Beans                      Fruit Cup</p>	<p>2-6</p> <p>Cheesy Pillows                      Chicken Caesar Salad                      Artisan Roll                      Yellow Submarine Sandwich                      Celery Sticks                      Waffle Cut Fries                      Fruit Cup</p>	<p>2-7</p> <p>Teriyaki Beef Dipper Rice Bowl                      Chinese Chicken Salad                      Aloha Roll                      Classic Tuna Sandwich                      Petite Baby Carrots - <b>S</b>                      Broccoli Buds                      Fruit - <b>S</b></p>
<p>2-10</p> <p>WG Cheese Pizza Wedge - <b>V</b>                      Yogurt Parfait Wholesome Granola - <b>V</b>                      Toasted Cheese Sandwich - <b>V</b>                      Petite Baby Carrots - <b>S</b>                      Sweet Corn                      Fruit - <b>S</b></p>	<p>2-11</p> <p>Mini Chicken Teriyaki Sandwiches                      Chicken Caesar Salad                      Artisan Roll                      Deli Turkey &amp; Cheese Sandwich                      Fresh Garden Salad                      Campfire Baked Beans                      Frozen Juice Slush</p>	<p>2-12</p> <p>Taco Bean Dip                      Crunchy Tortilla Chips - <b>S</b>                      Chinese Chicken Salad                      Aloha Roll                      Pastrami &amp; Cheese Croissant                      Tangy Salsa Cup                      Sweet Corn                      Cara Cara Orange                      Blood Orange</p>	<p>2-13</p> <p>Café LA Burger                      Chicken Caesar Salad                      Artisan Roll                      Yellow Submarine Sandwich                      Ruffle Fries                      Celery Sticks                      Fruit Cup</p>	<p>2-14</p> <p>Mama's Meatball Sub                      Chinese Chicken Salad                      Aloha Roll                      Classic Tuna Sandwich                      Petite Baby Carrots - <b>S</b>                      Waffle Cut Fries                      Fruit - <b>S</b></p>
<p>2-17</p> <p style="text-align: center;"><b>PRESIDENTS DAY HOLIDAY</b></p>	<p>2-18</p> <p>Cheeseburger Sliders                      Yogurt Parfait Wholesome Granola - <b>V</b>                      Toasted Cheese Sandwich - <b>V</b>                      Sweet Corn                      Ruffle Fries                      Fruit Cup                      Frozen Juice Slush</p>	<p>2-19</p> <p>Zesty Beef Chalupa                      Crunchy Tortilla Chips - <b>S</b>                      Chinese Chicken Salad                      Aloha Roll                      Pastrami &amp; Cheese Croissant                      Tangy Salsa Cup                      Celery Sticks                      Fruit Cup</p>	<p>2-20</p> <p>Beef &amp; Cheese Taco Burrito                      Chicken Caesar Salad                      Artisan Roll                      Yellow Submarine Sandwich                      Fresh Garden Salad                      Sweet Corn                      Fruit - <b>S</b></p>	<p>2-21</p> <p>Turkey Burger                      Chinese Chicken Salad                      Aloha Roll                      Classic Tuna Sandwich                      Petite Baby Carrots - <b>S</b>                      Broccoli Buds                      Fruit - <b>S</b></p>

**Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat**

# FEBRUARY 2020 - Menus



**MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY**

## Grades 6-8 Lunch (NNC)

*MENUS ARE SUBJECT TO CHANGE*

<p>2-24</p> <p>WG Cheese Pizza Wedge - <b>V</b>                  Yogurt Parfait Wholesome Granola - <b>V</b>                  Toasted Cheese Sandwich - <b>V</b>                  Petite Baby Carrots - <b>S</b>                  Sweet Corn                  Fruit - <b>S</b></p>	<p>2-25</p> <p>Orange Meatball Rice Bowl                  Chicken Caesar Salad                  Artisan Roll                  Deli Turkey &amp; Cheese Sandwich                  Broccoli Buds                  Fiesta Pinto Beans                  Frozen Juice Cup</p>	<p>2-26</p> <p>Salisbury Steak with Gravy                  Aloha Roll                  Chinese Chicken Salad                  Aloha Roll or                  Mexicali Salad                  Crunchy Tortilla Chips - <b>S</b>                  Pastrami &amp; Cheese Croissant                  Petite Baby Carrots - <b>S</b>                  Waffle Cut Fries                  Fruit Cup</p>	<p>2-27</p> <p>Taco Bean Dip                  Crunchy Tortilla Chips - <b>S</b>                  Chicken Caesar Salad                  Artisan Roll                  Yellow Submarine Sandwich                  Fresh Garden Salad                  Sweet Corn                  Fruit - <b>S</b></p>	<p>2-28</p> <p>Garlicky Cheese Bread or                  Beef &amp; Cheese Taco Burrito                  Chinese Chicken Salad                  Aloha Roll                  Classic Tuna Sandwich                  Petite Baby Carrots - <b>S</b>                  Golden Hash Brown Patties                  Fruit - <b>S</b></p>

**Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat**

Posted 01/31/20

**All of the Grain/Bread items served are Whole Grain Rich.**

Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

**S:** Items with an (S) can be saved for later    **V:** Vegetarian items

\*\* Farm Fresh Fruits: Apple, Orange, Banana

Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito, 3-Bean Vegan Chili/Crunchy Tortilla Chips

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